

Sprint 2 km

| Pl. | Namn | Gissad tid | Använd tid | Diff |
|-----|----------------------------|------------|------------|-------|
| 1 | Hjalmar Svedberg | 00:30:16 | 00:29:56 | 00:20 |
| 2 | Mickael Jansson Vainionpää | 00:32:24 | 00:31:43 | 00:41 |
| 3 | Axel Lundell | 00:28:35 | 00:29:59 | 01:24 |
| 4 | Mats Bergman | 00:29:33 | 00:27:46 | 01:47 |
| 5 | Lars-Olof Borking | 00:30:00 | 00:27:13 | 02:47 |
| 6 | Tage Eklund | 00:18:35 | 00:21:26 | 02:51 |
| 7 | Anna-Karin Eriksson | 00:27:52 | 00:35:26 | 07:34 |
| 8 | Wilgot Pettersson | 00:25:58 | 00:35:27 | 09:29 |
| 9 | Magnus Sandberg | 00:53:20 | 00:34:02 | 19:18 |
| 10 | Valter Sandberg | 00:54:00 | 00:34:02 | 19:58 |
| 11 | Lina Sandberg | 00:52:02 | 00:31:11 | 20:51 |
| 12 | Sigrid Sandberg | 01:00:00 | 00:31:12 | 28:48 |
| 13 | Abraham Amanuel | 00:18:00 | 00:51:02 | 33:02 |

Sprint 3 km

| Pl. | Namn | Gissad tid | Använd tid | Diff |
|-----|------------------|------------|------------|-------|
| 1 | Lasse Svensson | 00:23:08 | 00:23:36 | 00:28 |
| 2 | Vanda Kuthanova | 00:30:00 | 00:31:54 | 01:54 |
| 3 | Oskar Karlsson | 00:17:34 | 00:14:53 | 02:41 |
| 4 | Marie Lindh | 00:33:23 | 00:29:02 | 04:21 |
| 5 | Putte Dahlström | 00:33:27 | 00:29:02 | 04:25 |
| 6 | Henrik Svedberg | 00:23:23 | 00:18:13 | 05:10 |
| 7 | Cecilia Eriksson | 00:28:30 | 00:22:49 | 05:41 |
| 8 | Arvid Eriksson | 00:24:24 | 00:17:07 | 07:17 |
| 9 | Johanna Sömskar | 00:25:00 | 00:16:55 | 08:05 |
| 10 | Camilla Sömskar | 00:45:15 | 00:21:45 | 23:30 |
| 11 | Veronica Kloos | 00:47:52 | 00:21:45 | 26:07 |